



## Spray Tan Information, Preparation, and Maintenance

### **On average a spray tan lasts 7-10 days**

There are many things that can affect the outcome of your spray tan: Improper preparation, certain medications, pregnancy/hormones/birth control, your menstrual cycle/menopause, chlorinated swimming pools/hot tubs, chemotherapy, hair toning shampoos (ex: purple shampoo), waxing/shaving, certain soaps and moisturizers, acne products, Alpha/Beta Hydroxy Acids, and Retin-A products, etc.

### **We recommend booking your spray tan appointment 2-3 days prior to an event**

Make your spray tan the last thing on your list. Get your nails done, eyebrows waxed, and hair done first.

### **We offer 2 different formulas: Original and Rapid ONE**

Both formulas have natural looking color and are made with the finest exotic, natural and organic ingredients. They also contain eco-certified organic DHA and are paraben free, gluten free, sulfate free, nut-allergen free, propylene glycol free, phthalates free, and synthetic fragrance free. The difference between the two formulas is the amount of time before you can shower. With the original formula you must wait at least 8 hours before you can sweat/get wet/shower. However, it is actually recommended to wait longer to allow greatest absorption. There are many different colors to choose from with the original formula as well. With the Rapid ONE formula you must shower in 1-3 hours. The amount of time you wait to shower determines the color. Depending on your complexion and how dark you would like your tan to look, the average time frame is: 1 hour for a bronze color, 2 hours for a medium bronze color, and 3 hours for a dark bronze color.

### **Proper preparation plays a huge roll in how your spray tan will turn out**

Shower at least 24 hours prior to your appointment. Shave if needed, and exfoliate any areas that tend to be dry (elbows, knees, sides and back of feet, etc.). Do not use any products in the shower that leave a residue on your skin. After your shower do not put on any deodorant, makeup, lotion, or perfume.

### **A spray tan only takes 5 minutes**

However, we book by the half hour to give you enough time to prepare and dry off after. During your spray tan you may wear a bathing suit, underwear, bra, or whatever you feel comfortable in. You may go topless if you choose. Bottoms are required. Remember whatever you chose to wear will be where you have a tan line.

### **After your spray tan**

Wear dark, loose fitted clothing and refrain from applying deodorant, makeup, and moisturizers until after you shower. Don't worry if you see color washing off of your skin during your first shower, this is just a cosmetic bronzer and does NOT affect the spray tan.

### **It is extremely important to use and avoid certain soaps and moisturizers after your spray tan**

Avoid: Dove, Nivea, Oil of Olay, bar soaps, and acne washes. These contain certain ingredients that can throw off your skins pH and cause streaky and patchiness. We recommend using products we carry specifically for maintaining your spray tan which you can find in store or on our website. Make sure you moisturize twice daily to stay glowing!